Sports

Tennis III

United States Professional Tennis Registry (USPTR) instructor teaches all classes. Bring your own racquet; balls provided. A minimum of four students is required per class. If any class is canceled due to weather, one make-up class will be scheduled. Register at least one week in advance.

\$35 per course

Beginner: Learn fundamentals, including basic strokes (forehand, backhand and serve). Rules, scoring and court etiquette covered.

Advanced Beginner: Practice hitting the ball where you want it to go! Stroke production emphasized and basic strategy covered.

Intermediate: Learn topspin and slice, plus play some doubles. Focus on shot placement and consistency.

Advanced Intermediate: Emphasis on clay court tennis, developing strategy, footwork and basic stroke production. Will also cover serve placement.

L.C. Bird High School Athletic Complex

10301 Courthouse Road Extension Details: Bill Carlson, 748-1128

Beginner Teen (Ages 13-17)

Saturdays, June 19-July 31, 8-9 a.m. Course #9508

Beginner Youth (Ages 8-12)

Saturdays, June 19-July 31, 10:15-11:15 a.m. Course #9509

Advanced Beginner Adult

Saturdays, June 19-July 31, 9-10 a.m. Course #9504

Intermediate Adult

Saturdays, June 19-July 31, 11:15 a.m.-12:15 p.m. Course #9513

Midlothian Middle School

13501 Midlothian Turnpike Details: Bill Carlson, 748-1128

Beginner Teen (Ages 13-17)

Tuesdays, June 8-July 13, 6:30-7:30 p.m. Course #9760 Tuesdays, June 8-July 13, 7:30-8:30 p.m. Course #9761 Wednesdays, June 9-July 14, 6:30-7:30 p.m. Course #9769

Advanced Beginner Adult

Wednesdays, June 9-July 14, 7:30-8:30 p.m. Course #9773

Intermediate Adult

Thursdays, June 10-July 15, 6:30-7:30 p.m. Course #9782

Karate 🛄

Learn the fundamentals of Okinawan Shorin Ryu-Style Karate. Classes will emphasize respect, honesty, dedication, motivation and honor. Includes stretching and exercise, blocks, strikes, kicks, sparring drills and self-defense. This coed class is for those 9 years old and older.

Midlothian Middle School, 13501 Midlothian Turnpike Details: Bill Carlson, 748-1128

Beginner:

Mondays and Wednesdays, 6:30-7:30 p.m.

May 10-June 14 \$50 Course #9755

Advanced:

Mondays and Wednesdays, 7:30-8:30 p.m.

May 10-June 14 \$50 Course #9756

The First Tee Chesterfield

The First Tee is located in Daniel Park at Iron Bridge and includes an 18-hole golf course, driving range with practice areas, and three-hole/par-three practice course. The facility provides affordable access to golf for all ages, with a special emphasis on youths. Details: 275-8050



Family Fairway Frenzy – Adult/Junior Tournament III

Enjoy a day of fun at First Tee. This tournament is designed to promote the game of golf among all ages. No experience is necessary. Fee includes cart, range balls, prizes and club rentals for children. Golfers may purchase a box for \$5 each. \$30 per adult/child pair Course #9867

Details: Kelly Hedley, 748-1122

Golf Lessons

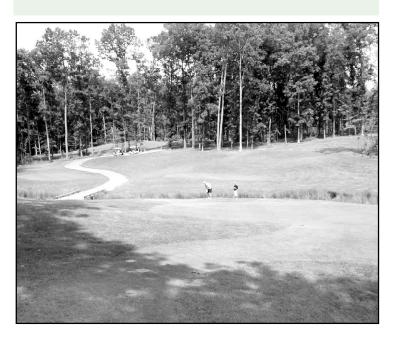
These classes are designed for beginners who have minimal or no golf experience. Five, one-hour sessions will teach rules and golf skills. Written evaluations will be provided at the last session.

First Tee Golf Course, 6736 Hunting Creek Road

Tuesdays, 5:30-6:30 p.m.

June 1-June 29 \$30 Course #9514

Details: Bill Carlson, 748-1128



Registration begins Monday, April 26, 2004. See page 31 for details.

Sports

College Intramural Sports

The sports listed below are designed for college students. They are recreational in nature. Please present a student ID when registering.

Details: Kelly Hedley, 748-1122 or Hedleyk@chesterfield.gov

Summer

Soccer

Join this fun, coed league designed for the recreational soccer player! T-shirts are included in the league fee. This outdoor league plays on a regular-size field.

Outdoor coed, seven-on-seven

Clover Hill Complex

\$20 per player

Thursday nights, June 17-July 29

Course #9864

Sand Volleyball

This new volleyball league

is perfect for the summer months. Recreational coed volleyball plays two men and two women per team. Register with your friends to form a team, or register as an individual and teams will be formed.

Daniel Park at Iron Bridge Coed quad four-on-four sand volleyball

\$20 per player Wednesday nights,

June 23-Aug. 11

Course #9909

Are you looking for a summer camp for your child with special needs?

See page 28 for details.

Fall

Basketball

Parks and Recreation is accepting registrations for individuals who wish to play recreational adult indoor basketball. Register with your friends to form a team or register as an individual and teams will be formed.

Five-on-five

Chester Middle School

\$33 per player (based on seven players per team)

Tuesday nights, Sept. 28-Nov. 16

Course #9865

Softball

Do you like to play softball? Recreational softball teams are now forming!

Coed softball play, five men and five women,

ASA rules, doubleheaders

Daniel Park at Iron Bridge

\$22 per player (based on 15 players per team)

Wednesday nights, Sept. 1-Oct. 13

Course #9862

Volleyball

Men and women are invited to join this action-packed, recreational league featuring 10 players on a team, playing six-on-six. The league offers coed, men's and women's teams. Manchester Middle School \$24 per player (based on 10 players per team) Sept. 27-Nov. 15 Coed, Wednesday nights Course #6746

Men, Monday nights
Course #9910

Women, Wednesday nights Course #9868



Come explore this exciting new venue in Chesterfield County!

Summer Session for Indoor Soccer begins the week of May 24.

Register now for a 10-week session for only \$645 per team.



Recreational and competitive leagues, including co-ed, available for ages 6-adult.

Call 744-4600 or visit the Web at www.RISEIndoor.com

for details about summer soccer and baseball camps, lacrosse and field hockey leagues, birthday parties, corporate events, team building and more.

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